

TIPS FROM THE PRO

Match your grip to your desired ball flight

Too often I see someone who is struggling with an unintended ball flight with a grip that is only making it more difficult for them to hit good shots. For example, according to the ball flight laws the cause of a slice (ball curving dramatically to the right for a right handed player) is a clubface that is open relative to the path the club is traveling on. The most important factor in your ability to control the clubface is the grip making it probably the most important fundamental in golf. If you are a slicer, and the majority of high handicap golfers are, make sure that your grip is not too weak.

Try this... grip the club and take note of where the creases between your thumbs and index fingers in both hands point. If the creases point towards your right shoulder you have a neutral grip. If they point to the left of the right shoulder you have a weak grip and should probably try to strengthen it by rotating your hands on the grip until the creases point at the right shoulder or even slightly right of it. This will help you to close the clubface to path relationship and get rid of that dreaded slice.

If you are on the opposite side of the spectrum and your shots go low and to the left (right handed player) your clubface is probably severely closed relative to path. In this situation you should try to weaken your grip by making the creases point more to the left which will tend to open the clubface during the swing.

Weak Grip



Neutral Grip



Strong Grip



Before you head South for the season, bring your game up a notch with a lesson. Call Amy: 989-731-8402 to schedule. This tip is provided to you from PGA Head Golf Professional /Director of Instruction Joe Charles.

